

Primary PE Workshop

GYMNASTICS

Rolling Variations and Sequences



Rolling is an important element of the Gymnastics strand of the PE curriculum. This two-hour workshop aims to develop teachers' confidence and competence to safely teach a wide variety of rolling techniques and progressions within gymnastics at all class levels. These workshops will take place in the venues listed below, after school. Please come dressed for activity! Refreshments provided on arrival and each participant will receive a Gymnastics teaching resource and a confirmation of attendance. Book now at www.pdst.ie/onlinebooking

| Education Centre | Date | Venue | Time |
|-------------------------------|------------|---|-----------------|
| Mayo Education Centre | 08/10/18 | Culleens National School, Ballina, Mayo | 3pm-5pm |
| Limerick Education Centre | 10/10/18 | Limerick Educate Together School, Mungret, Limerick | 3:30pm - 5:30pm |
| Laois Education Centre | 10/10/18 | Coolderry Central School, Birr, Offaly | 3:30pm - 5:30pm |
| Donegal Education Centre | 16/10/18 | St. Patrick's NS, Lurgybrack, Donegal | 3:30pm - 5:30pm |
| West Cork Education Centre | 16/10/18 | Our Lady of Mercy N.S, Bantry, Cork | 4pm - 6pm |
| Limerick Education Centre | 16/10/2018 | Scoil Dean Cussen, Bruff, Limerick | 3:30pm - 5:30pm |
| Kildare Education Centre | 16/10/18 | Blessington No.1 School, Wicklow | 3:30pm - 5:30pm |
| Laois Education Centre | 17/10/2018 | Presentation Primary School, Laois | 3:30pm - 5:30pm |
| Kilkenny Education Centre | 17/10/18 | Slieverue NS, Kilkenny | 3:30pm - 5:30pm |
| Tralee Education Centre | 17/10/18 | Dromclough NS, Kerry | 3:30pm - 5:30pm |
| Dublin West Education Centre | 18/10/18 | Scoil Ghrainne CNS, Phibblestown, Dublin 15 | 3:15pm - 5:15pm |
| Waterford Teachers Centre | 22/10/18 | Bunscoil Gleann Sidheain Cappoquin, Waterford | 3:45pm - 5:45pm |
| Carrick on Shannon Ed. Centre | 07/11/18 | St. Comán's Wood P.S., Roscommon | 3:30pm - 5:30pm |
| Monaghan Education Centre | 13/11/18 | Scoil Mhuire Muineachan, St.Marys Hill, Mullaghmonaghan | 3:30pm - 5:30pm |
| Clare Education Centre | 13/11/18 | Ennis N.S., Ennis, Clare | 3:30pm - 5:30pm |
| Carrick on Shannon Ed. Centre | 14/11/18 | Gaelscoil Liatroma, Carrick on Shannon, Leitrim | 3:30pm - 5:30pm |
| Galway Education Centre | 15/11/18 | Scoil Bhride, Shantalla, Galway | 3:30pm - 5:30pm |
| Galway Education Centre | 18/10/2018 | Gaelscoil Iarfhiltha, Tuam, Galway | 3:30pm - 5:30pm |
| Monaghan Education Centre | 20/11/18 | Knocktemple NS, Virginia, Cavan | 3:30pm - 5:30pm |

Register to attend this workshop at www.pdst.ie/onlinebooking